

Essential Duas in the life of a Muslim

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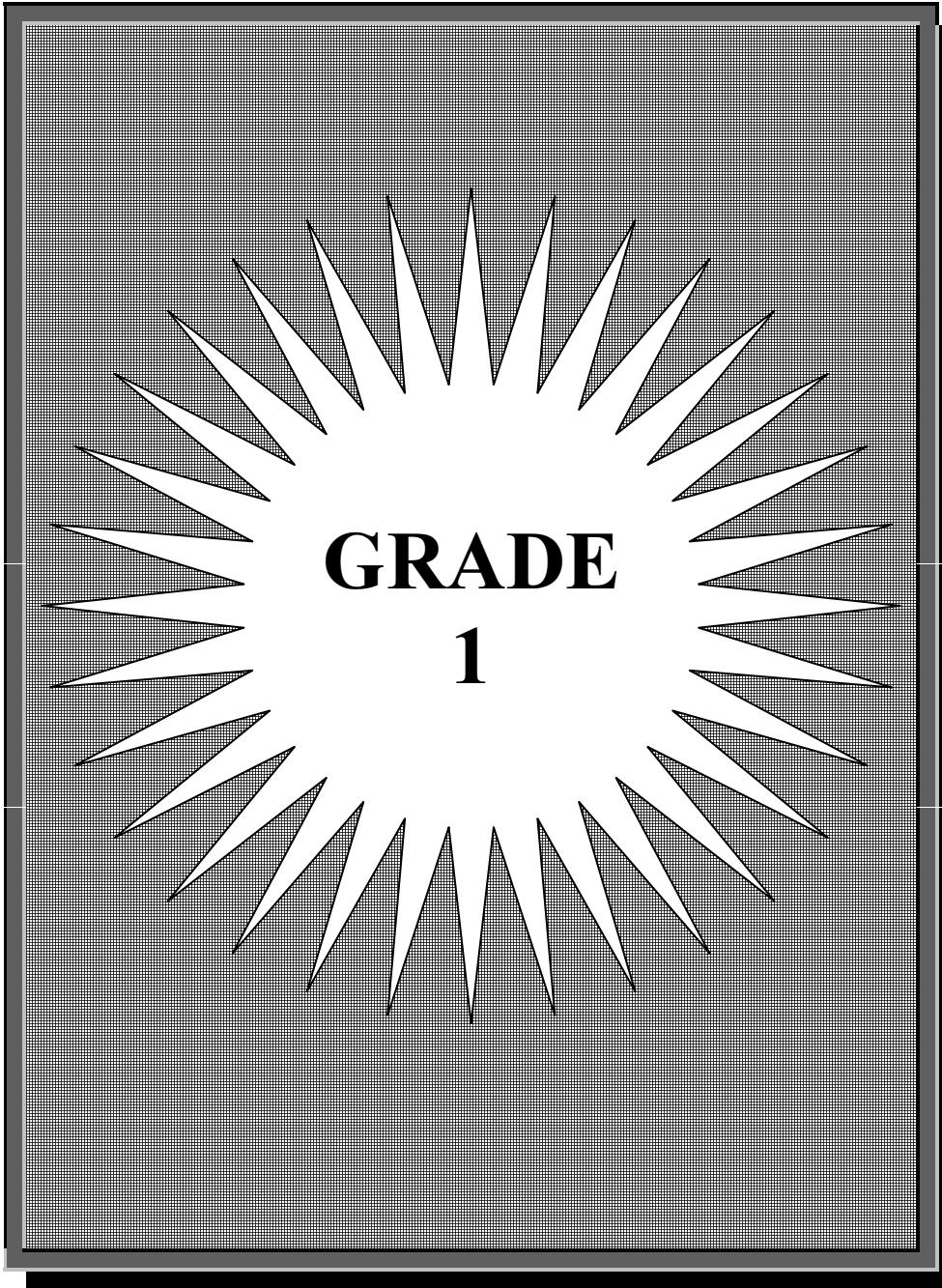
Contents	Page	Tick
Grade One	1	
1. 1st Kalima	2	
2. 2nd Kalima	2	
3. 3rd Kalima	3	
4. 4th Kalima	3	
5. 5th Kalima	4	
6. Imaani Mujmal	6	
7. Imaani Mufassal	6	
8. Before eating	7	
9. Forgetting to recite the dua	7	
10. After eating	8	
11. Before Sleeping (1)	8	
12. When awakening	9	
13. Before toilet	9	
14. After toilet	9	
15. When thanking someone	10	
16. Sneezing Duas	10	
17. For increase in knowledge	11	
Grade Two	12	
18. Before wudhu	13	
19. Whilst making wudhu	13	
20. After wudhu	14	
21. When entering the masjid	14	
22. When leaving the masjid	15	

Contents	Page	Tick
23. After drinking water	15	
24. After drinking milk	16	
25. When wearing clothes	16	
26. When looking into the mirror	16	
27. When entering the home	17	
28. When leaving home	17	
29. When bidding farewell	18	
30. When it rains	18	
31. On hearing good news	19	
32. When a loss occurs	19	
33. When in bodily pain	19	
34. When in difficulty	20	
Grade Three	21	
35. Takbeer	22	
36. Thanaa	22	
37. Ta' awwuz	22	
38. Tasmiyya	23	
39. Tasbeeh in ruku	23	
40. Tasmee'	23	
41. Dua in Qaumah (1)	24	
42. Tasbeeh in sajda	24	
43. Dua in jalsa	24	
44. Tashah 'hud	25	
45. Durood-e-Ibraheem	26	

Contents	Page	Tick
46. Dua after Durood-e-Ibraheem	27	
47. Adhaan	28	
48. Iqaamah	29	
49. Dua after adhaan	30	
Grade Four	31	
50. Getting into a vehicle	32	
51. When the vehicle moves	32	
52. Returning from journey	33	
53. Entering a city or town	33	
54. Dua-e-Qunoot	34	
55. Dua after witr	35	
56. On seeing the new moon	35	
57. Dua for fasting	36	
58. When breaking fast	36	
59. When eating elsewhere	37	
60. When eating 1 fruit seasons	37	
Grade Five	38	
61. When In financial difficulty	39	
62. When seeing slo. In distress	39	
63. Dua for fever	40	
64. Visiting the sick	40	
65. At the time of death	41	
66. Thana of janaza	41	

Contents	Page	Tick
67. Dua in janaaza salah (adult)	42	
68. Dua in janaaza salah (boy)	43	
69. Dua in janaaza salah (girl)	43	
70. When entering the graveyard	44	
71. Lay ^l ing the dead ^l nto the qaba ^l	44	
72. Filling the qabar with soil	45	
73. Dua for parents	45	
Grade Six	46	
74. At the time of sunset	47	
75. When seeing the moon	47	
76. At the time of drought	47	
77. Excessive rain	48	
78. Leaving a gathering	48	
79. Entering a shopping centre	49	
80. Ninety-nine Names of Allah	50	
Grade Seven	52	
81. When laying the animal down	53	
82. When slaughtering	54	
83. Sayyidul Istighfaar	55	
84. Istikhara dua	56	
85. Most comprehensive dua	58	

Contents		Page	Tick
Advanced syllabus		59	
Grade 1 Advanced Syllabus		60	
86. At the time of anger		60	
87. When a dog barks		60	
88. When a donkey brays		60	
89. When welcoming someone		60	
90. When intending to do something		61	
Grade 2 Advanced Syllabus		61	
91. Morning and evening dua		61	
92. Before sleeping (2)		62	
93. When seeing a Muslim laugh		62	
94. When eating with a person who has a disease		62	
Grade 3 Advanced Syllabus		63	
95. When things are in ones favor		63	
96. An evil thought comes to mind		63	
97. When afflicted with a calamity		64	
98. Death on Imaan		64	
99. Dua in qasma (2)		65	
100. Dua when the sun rises		65	
Grade 4 Advanced Syllabus		66	
101. Dua after iftaar		66	
102. When wearing new clothes		66	
103. When eating elsewhere (2)		67	
104. When beginning a journey		68	



GRADE

1

1.

Kalimah Tayyibah

لَا إِلَهَ إِلَّا اللَّهُ مُحَمَّدُ رَسُولُ اللَّهِ

There is no God besides Allah ﷺ; Hadhrat Muhammad j is the messenger of Allah ﷺ.

2.

Kalimah Shahaadah

أَشْهُدُ أَنْ لَا إِلَهَ إِلَّا اللَّهُ وَأَشْهُدُ أَنَّ
مُحَمَّدًا عَبْدُهُ وَرَسُولُهُ

I bear witness that there is no God besides Allah ﷺ and I bear witness that Hadhrat Muhammad j is His servant and messenger.

3.

Kalimah Tamjîd

سُبْحَانَ اللَّهِ وَالْحَمْدُ لِلَّهِ وَلَا إِلَهَ إِلَّا اللَّهُ وَاللَّهُ أَكْبَرُ وَلَا حَوْلَ وَلَا قُوَّةَ إِلَّا بِاللَّهِ الْعَلِيِّ الْعَظِيمِ

Glory be to Allah ﷺ and all praise be to Allah ﷺ. There is no God besides Allah ﷺ. And, Allah ﷺ is the Greatest. There is no power and might except from Allah ﷺ, The Most High, The Great.

4.

Kalimah Tawhîd

لَا إِلَهَ إِلَّا اللَّهُ وَحْدَهُ لَا شَرِيكَ لَهُ
لَهُ الْمُلْكُ وَلَهُ الْحَمْدُ يُحْبِي وَيُمِيّتُ
بِيَدِهِ الْخَيْرُ وَهُوَ عَلَىٰ كُلِّ شَيْءٍ قَدِيرٌ

There is no God besides Allah ﷺ. He is One. He has no partner. His is the kingdom and for Him is all praise. He gives life and causes death. In His hand is all good. And He has power over everything.

أَللَّهُمَّ إِنِّي أَعُوذُ بِكَ مِنْ أَنْ أُشْرِكَ بِكَ شَيْئًا
 وَأَنَا أَعْلَمُ بِهِ وَأَسْتَغْفِرُكَ لِمَا لَا أَعْلَمُ بِهِ تُبْتُ
 عَنْهُ وَتَبَرَّأْتُ مِنَ الْكُفْرِ وَالشَّرِّ وَالْمَعَاصِيْ
 كُلُّهَا أَسْلَمْتُ وَأَمْنَتُ وَأَقُولُ لَا إِلَهَ إِلَّا اللَّهُ
 مُحَمَّدٌ رَّسُولُ اللَّهِ

O Allah ﷺ, I seek protection in You from that I should join any partner with You knowingly. I seek Your forgiveness from that which I do not know. I repent from ignorance. I free myself from disbelief and from joining partners with You, and I free myself from all sins. I submit to Your will. I believe and I declare: There is no God besides Allah ﷺ and Hadhrat Muhammad j is the Messenger of Allah ﷺ

أَمَنْتُ بِاللَّهِ كَمَا هُوَ بِاسْمَائِهِ وَصَفَاتِهِ
 وَقَبَلْتُ جَمِيعَ أَحْكَامِهِ

I believe in Allah ﷺ as He is understood by His names and His attributes and I accept all His orders.

أَمَنْتُ بِاللَّهِ وَمَلَكَتِهِ وَكُتُبِهِ وَرُسُلِهِ وَالْيَوْمِ
 الْآخِرِ وَالْقَدْرِ خَيْرِهِ وَشَرِهِ مِنَ اللَّهِ تَعَالَى
 وَالْبَعْثَ بَعْدَ الْمَوْتِ

I believe in Allah ﷺ, His Angels, His Books, His Messengers, the Last Day, and in Taqdîr, that all good and bad is from Allah ﷺ the Most High and I believe in the resurrection after death.

(Taqdîr: Predestination)

7.

Before eating

بِسْمِ اللَّهِ وَعَلَيْ بَرَكَةِ اللَّهِ

In the name of Allah ﷺ and upon the blessings of Allah ﷺ.
(Al-Hisnul Haseen Pg. 141)

Virtue

One who reads this dua will receive blessing in one's meals

8. When forgetting to recite the dua before eating

بِسْمِ اللَّهِ أَوَّلَهُ وَآخِرَهُ

In the name of Allah ﷺ in the beginning and the end.
(Abu Dawood, Vol. 2, Pg. 173)

9.

After eating

الْحَمْدُ لِلَّهِ الَّذِي أَطْعَمَنَا وَسَقَانَا وَجَعَلَنَا مِنَ
الْمُسْلِمِينَ

All praise be to Allah ﷺ who gave us food and drink and
made us Muslims.

(*Al-Hisnul Haseen* Pg. 144)

Virtue

Allah ﷺ becomes pleased when his slave praises Him
after meals.

10.

Before sleeping (1)

اللَّهُمَّ بِاسْمِكَ أَمُوتُ وَأَحْيَ

O Allah ﷺ, with Your name do I die and live.

(*Tirmidhi*, Vol. 2, Pg. 178)

11.

When awakening

الْحَمْدُ لِلَّهِ الَّذِي أَحْيَانَا بَعْدَ مَا أَمَاتَنَا وَإِلَيْهِ
النُّسُورُ

All praise is due to Allah ﷺ who has given us life after death
and to Him is the return after death.

(Bukhaari Vol. 2, Pg. 934)

12.

Before entering toilet with left foot

اللَّهُمَّ إِنِّي أَعُوذُ بِكَ مِنَ الْجُبُثِ وَالْخَبَائِثِ

O Allah ﷺ, I seek Your protection from the male and female Devil.

(Tirmidhi, Vol. 1, Pg. 3)

13.

After leaving toilet with right foot

غُفْرَانَكَ الْحَمْدُ لِلَّهِ الَّذِي أَذْهَبَ عَنِّي الْأَذَى
وَعَافَانِي

I seek Your pardon. Praise be to Allah ﷺ who removed from
me discomfort and gave me relief.

(Ibnu Majah, Pg.26)

14.

When thanking someone

جَزَاكَ اللَّهُ خَيْرًا

May Allah ﷺ reward you well.

(Tirmidhi Vol. 2, Pg. 24)

16.

When sneezing

الْحَمْدُ لِلَّهِ

All praise be to Allah ﷺ

The listener's reply

يَرْحَمُكَ اللَّهُ

May Allah ﷺ have mercy on you.

The sneezer's response

يَهْدِيْكُمُ اللَّهُ

May Allah ﷺ guide you.

(Abu Dawood, Vol. 2, Pg. 338)

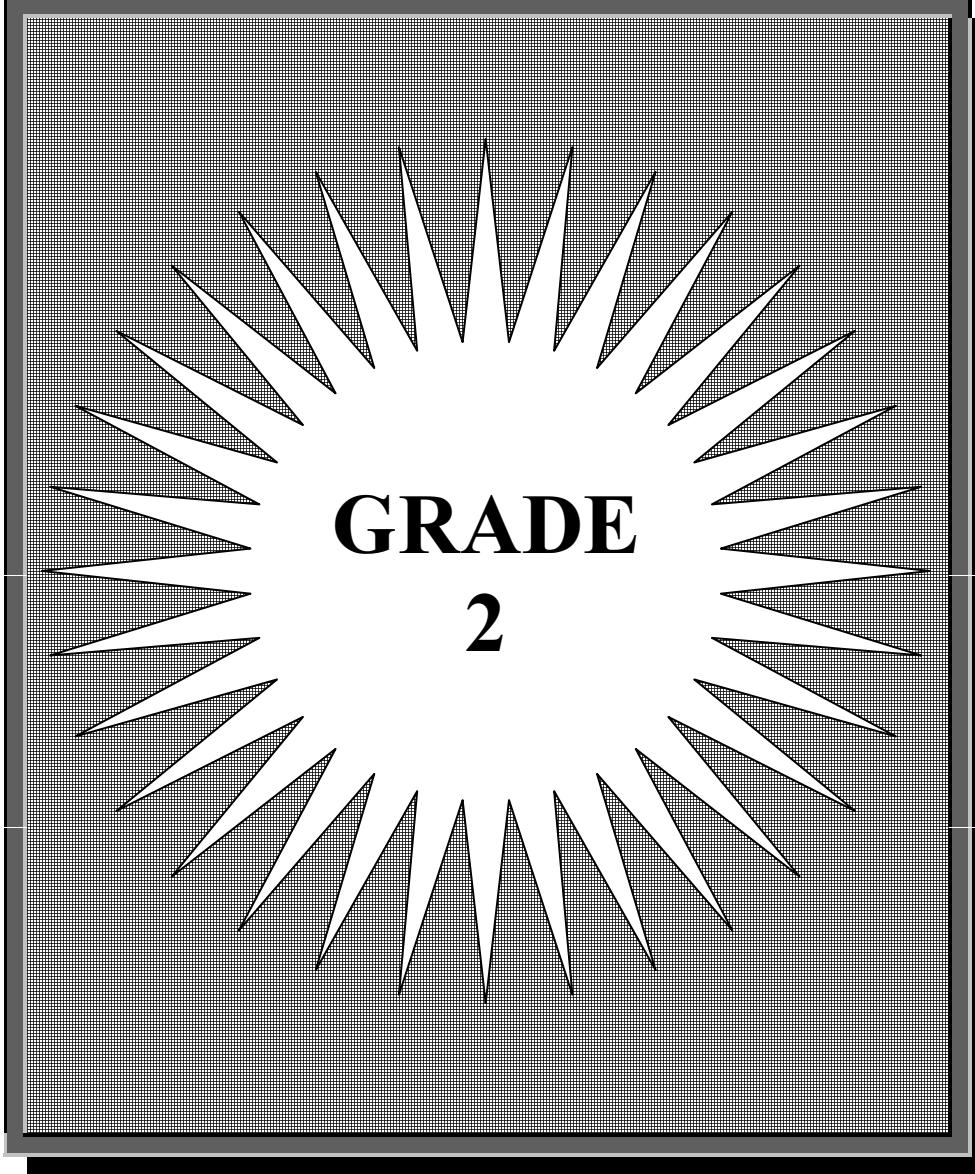
رَبِّ زِدْنِيْ عِلْمًا

O My Lord, Increase me in knowledge.

(*Sura Ta'ha, S.20/V.114*)

Virtue

By reciting this Dua one's memory will strengthen
Insha Allah.



GRADE 2

18.

Before wudhu

بِسْمِ اللَّهِ وَالْحَمْدُ لِلَّهِ

(I commence Wudhu), in the name of Allah ﷺ the Great and all praise be to Allah ﷺ (for keeping me faithful) in the Deen (religion) of Islam.

(Majmauz-zawaaid)

19.

Whilst making wudhu

اللَّهُمَّ اغْفِرْ لِيْ ذَنْبِيْ وَوَسْعْ لِيْ فِيْ دَارِيْ
وَبَارِكْ لِيْ فِيْ رِزْقِيْ

O Allah ﷺ, forgive my sins and grant me abundance in my home and blessings in my livelihood.

(Amalul Yawmi wal Layla, Nasai, Pg172)

20.

After wudhu

أَشْهَدُ أَنْ لَا إِلَهَ إِلَّا اللَّهُ وَحْدَهُ لَا شَرِيكَ لَهُ
وَأَشْهَدُ أَنَّ مُحَمَّداً عَبْدُهُ وَرَسُولُهُ
اللَّهُمَّ اجْعَلْنِي مِنَ التَّوَابِينَ وَاجْعَلْنِي مِنَ
الْمُتَطَهِّرِينَ

O Allah ﷺ, make me of the repents and make me of the purified.

(Tirmidhi, Vol. 1, Pg. 9)

Virtue

The eight doors of Jannah will be opened for the one who recites this dua and he will have the choice to enter from whichever door he wishes.

21.

When entering the musjid

اللَّهُمَّ افْتَحْ لِي أَبْوَابَ رَحْمَتِكَ

O Allah ﷺ, open for me the doors of Your mercy.

(Nasai, Vol. 1, Pg. 119)

22.

When leaving the musjid

اللَّهُمَّ إِنِّي أَسْأَلُكَ مِنْ فَضْلِكَ

O Allâh ﷺ, verily I seek from You, Your bounty.

(Nasai, Vol. 1, Pg. 119)

23.

After drinking water

الْحَمْدُ لِلَّهِ الَّذِي سَقَانَا عَذْبًا فُرَاتًا
بِرَحْمَتِهِ وَلَمْ يَجْعَلْهُ مُلْحًا أُجَاجًا
بِذُنُوبِنَا

All praise is due to Allah ﷺ who gave us fresh sweet water to drink out of His Mercy and did not make it bitter due to our wrongdoings.

(Tabrani {Kitaabud-Dua}, Vol. 2, Pg. 1218)

24.

After drinking milk

اللَّهُمَّ بَارِكْ لَنَا فِيهِ وَزِدْنَا مِنْهُ

O Allah ﷺ, grant us blessings and abundance
in it (the milk).

(Mishkaat Pg.371)

25.

When wearing clothes

الْحَمْدُ لِلَّهِ الَّذِي كَسَانِيْ هَذَا وَرَزَقَنِيْهِ مِنْ
غَيْرِ حَوْلِ مِنِيْ وَلَا قُوَّةَ

All praise is due to Allah ﷺ who has clothed me with these
garments and given them to me without any effort and help
from my side.

(Tabrani {Kitaabud-Dua}, Vol. 2, Pg. 979)

26.

When looking into the mirror

اللَّهُمَّ أَنْتَ حَسَنْتَ خَلْقِيْ فَحَسِّنْ خُلُقِيْ

O Allah ﷺ, You have beautified my body, so do beautify my
character.

(Al-Hisnul Haseen Pg. 206)

27.

When entering the home

اللَّهُمَّ إِنِّي أَسْأَلُكَ خَيْرَ الْمَوْلَجِ وَخَيْرَ
الْمَخْرَجِ بِسْمِ اللَّهِ وَلِجَنَّا وَبِسْمِ اللَّهِ خَرَجَنَا
وَعَلَى اللَّهِ رَبِّنَا تَوَكَّلْنَا

O Allah ﷺ, I ask of You the blessings of entering the home and the blessing of leaving. In the name of Allah ﷺ, we leave and enter the home and upon Allah ﷺ, our Sustainer, do we rely and depend.

(Abu Dawood, Vol. 2, Pg. 348)

28.

When leaving home

بِسْمِ اللَّهِ تَوَكَّلْتُ عَلَى اللَّهِ لَا حَوْلَ
وَلَا قُوَّةَ إِلَّا بِاللَّهِ

(I leave) with the name of Allah ﷺ; I rely on Allah ﷺ; there is no power to do any good, nor any power to abstain from evil except with the help of Allah ﷺ.

(Abu Dawood, Vol. 2, Pg. 347)

Virtue

1. When a person recites this dua, it is said to him, “You have been guided and you are protected”.
2. Rasulullah j said that whosoever recites the above dua when leaving his home, then it is said to him (by the angels) “You shall be guided, your needs shall be taken care of, you will be protected and may shaytaan go far away from you.”

(Tirmidhi)

29. When bidding someone farewell

أَسْتَوْدِعُ اللَّهَ دِينَكَ وَأَمَانَتَكَ وَخَوَاتِيمَ عَمَلِكَ

I entrust to Allah ﷺ your Deen, your belongings and the final outcome of your deeds.

(Abu Dawood, Vol. 1, Pg. 357)

30. When it rains

اللَّهُمَّ صَبِّرْنَا نَافِعًا

O Allah ﷺ, do send upon us beneficial rain.

(Bukhaari, Vol. 1, Pg. 140)

31.

On hearing good news

الْحَمْدُ لِلَّهِ مَا شَاءَ اللَّهُ

All praise be to Allah ﷺ. Just as Allah ﷺ willed.

32.

When a loss occurs

إِنَّا لِلَّهِ وَإِنَّا إِلَيْهِ رَاجِعُونَ

Surely we belong to Allah ﷺ and to Him is our return.

(Muslim, Vol. 1 Pg. 300)

33.

When in bodily pain

بِسْمِ اللَّهِ

(Three Times)

أَعُوذُ بِاللَّهِ وَقُدْرَتِهِ مِنْ شَرِّ مَا أَجِدُ وَأَحَادِرُ

(Seven times)

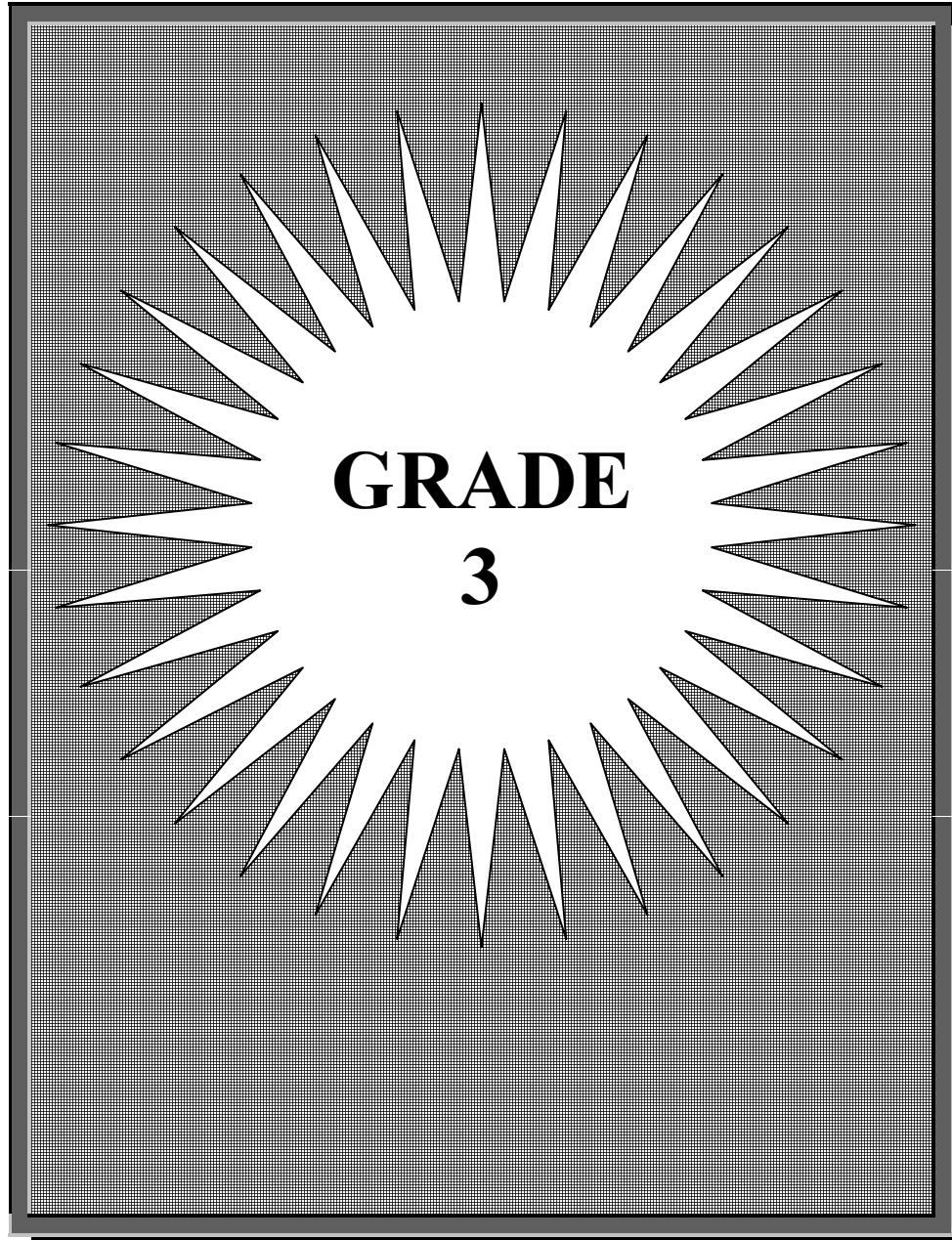
I seek protection in Allah ﷺ and His might against the evil of what I feel and fear.

(Muslim, Vol. 2, Pg. 224)

حَسْبَنَا اللَّهُ وَنَعْمَ الْوَكِيلُ وَعَلَى اللَّهِ تَوَكَّلْنَا

Allah ﷺ is sufficient for us and He is the Best Helper. And upon Allah ﷺ do we rely.

(Tirmidhi, Vol. 2, Pg. 65)



GRADE
3

Salaah Duas

35.

Takbeer

اللَّهُ أَكْبَرُ

Allah ﷺ is the greatest.

36.

Thanaa

سُبْحَانَكَ اللَّهُمَّ وَبِحَمْدِكَ وَتَبَارَكَ اسْمُكَ
وَتَعَالَى جَدُّكَ وَلَا إِلَهَ غَيْرُكَ

Glory be to You O Allah ﷺ, praise be to You, and blessed is Your name, very lofty is Your greatness, and there is no Deity besides You.

(Tirmidhi, Vol. 1, Pg. 33)

37.

Ta'awwuz

أَعُوذُ بِاللَّهِ مِنَ الشَّيْطَانِ الرَّجِيمِ

I seek protection in Allah ﷺ from shaytaan, the rejected.

38.

Tasmiyah

بِسْمِ اللَّهِ الرَّحْمَنِ الرَّحِيمِ

In the name of Allah ﷺ, the Most Kind, the Most Merciful.

39.

Tasbeeh in ruku

سُبْحَانَ رَبِّيِّ الْعَظِيمِ

Glory be to My Lord, the Great.

(Tirmidhi, Vol. 1, Pg. 35)

40.

Tasmee'

سَمِعَ اللَّهُ لِمَنْ حَمَدَهُ

Allah ﷺ hears the one who praises Him.

41.

Dua in qaumah (1)

اللَّهُمَّ رَبَّنَا وَ لَكَ الْحَمْدُ

O Allah ﷺ! Our Sustainer! Unto You belongs all praise.

(Ibnu Majah, Pg. 62)

42.

Tasbeeh in sajdah

سُبْحَانَ رَبِّيَ الْأَعْلَى

Glory be to My Lord, the Most High.

(Tirmidhi, Pg.35)

43.

Dua in jalsa

اللَّهُمَّ اغْفِرْ لِيْ وَارْحَمْنِيْ وَعَافِنِيْ وَاهْدِنِيْ
وَارْزُقْنِيْ

O Allah ﷺ, forgive me, have mercy on me, grant me safety,
guide me and provide me with sustenance.

(Abu Dawood, Vol. 1, Pg. 130)

أَتَحْيَاتُ اللَّهُ وَالصَّلَوَاتُ وَالطَّيِّبَاتُ السَّلَامُ
 عَلَيْكَ أَيُّهَا النَّبِيُّ وَرَحْمَةُ اللَّهِ وَبَرَكَاتُهُ السَّلَامُ
 عَلَيْنَا وَعَلَى عِبَادِ اللَّهِ الصَّالِحِينَ أَشْهَدُ أَنْ لَا
 إِلَهَ إِلَّا اللَّهُ وَأَشْهَدُ أَنَّ مُحَمَّدًا عَبْدُهُ وَرَسُولُهُ

All devotions offered through words, bodily actions and wealth are due to Allah ﷺ. Peace be upon you, O Prophet j and the mercy of Allah ﷺ and His blessings. Peace be upon us and on the pious (righteous) servants of Allah ﷺ. I bear witness that there is no Deity besides Allah ﷺ, and I bear witness that Muhammad j is His servant and messenger.

(Nasai, Vol. 1, Pg. 174)

اللَّهُمَّ صَلِّ عَلَى مُحَمَّدٍ وَعَلَى آلِ مُحَمَّدٍ كَمَا
صَلَّيْتَ عَلَى إِبْرَاهِيمَ وَعَلَى آلِ إِبْرَاهِيمَ إِنَّكَ
حَمِيدٌ مَجِيدٌ

اللَّهُمَّ بَارِكْ عَلَى مُحَمَّدٍ وَعَلَى آلِ مُحَمَّدٍ كَمَا
بَارَكْتَ عَلَى إِبْرَاهِيمَ وَعَلَى آلِ إِبْرَاهِيمَ إِنَّكَ
حَمِيدٌ مَجِيدٌ

O Allah ﷺ! Shower Your mercy on Muhammad j and his family (followers) as You showered Your mercy on Ibrâhîm ﷺ and his family (followers). Surely You are Praiseworthy and Most High.

O Allah ﷺ! Bless Muhammad j and his family (followers) as You have blessed Ibrâhîm ﷺ and his family (followers). Surely You are Praiseworthy and Most High.

(Ibnu Majah, Pg.65)

اللَّهُمَّ إِنِّيْ ظَلَمْتُ نَفْسِيْ ظُلْمًا كَثِيرًا
 وَلَا يَغْفِرُ الذُّنُوبَ إِلَّا أَنْتَ فَاغْفِرْ لِي مَغْفِرَةً مِنْ
 عِنْدِكَ وَأَرْحَمْنِيْ إِنَّكَ أَنْتَ الْغَفُورُ الرَّحِيمُ

O Allah ﷺ! I have wronged myself greatly and nobody
 forgives sins except You. Grant me forgiveness and have mercy
 on me. Surely, You are The Forgiver and The Merciful.

(Tirmidhi, Vol. 2, Pg. 191)

اللهُ أَكْبَرُ اللَّهُ أَكْبَرُ اللَّهُ أَكْبَرُ.

Allah ﷺ is the greatest.

Allah ﷺ is the greatest.

أَشْهُدُ أَنْ لَا إِلَهَ إِلَّا اللَّهُ أَشْهُدُ أَنْ لَا إِلَهَ إِلَّا اللَّهُ

I bear witness that there is no God besides Allah ﷺ.

أَشْهُدُ أَنَّ مُحَمَّدًا رَسُولُ اللَّهِ.

أَشْهُدُ أَنَّ مُحَمَّدًا رَسُولُ اللَّهِ.

I bear witness that Muhammad j is the messenger of Allah ﷺ.

حَيَّ عَلَى الصَّلَاةِ. حَيَّ عَلَى الصَّلَاةِ.

Come to Salaah.

Come to Salaah.

(Turn the face to the right when saying these words)

حَيَّ عَلَى الْفَلَاحِ.

حَيَّ عَلَى الْفَلَاحِ.

Come to success.

Come to success.

(Turn the face to the left when saying these words)

اللهُ أَكْبَرُ اللَّهُ أَكْبَرُ.

Allah ﷺ is the greatest. Allah ﷺ is the greatest.

لَا إِلَهَ إِلَّا اللَّهُ.

There is no God besides Allah ﷺ.

(*Abu Dawood, Vol. 1, Pg. 79*)

اللهُ أَكْبَرُ اللَّهُ أَكْبَرُ اللَّهُ أَكْبَرُ اللَّهُ أَكْبَرُ.

Allah ﷺ is the greatest. Allah ﷺ is the greatest.

أَشْهُدُ أَنْ لَا إِلَهَ إِلَّا اللَّهُ أَشْهُدُ أَنْ لَا إِلَهَ إِلَّا اللَّهُ.

I bear witness that there is no God besides Allah ﷺ.

أَشْهُدُ أَنَّ مُحَمَّدًا رَسُولُ اللَّهِ أَشْهُدُ أَنَّ مُحَمَّدًا رَسُولُ اللَّهِ.

I bear witness that Muhammad j is the messenger of Allah ﷺ.

حَيَّ عَلَى الصَّلَاةِ.

Come to Salaah.

(Turn the face to the right when saying these words)

حَيَّ عَلَى الصَّلَاةِ

Come to Salaah.

(Turn the face to the right when saying these words)

حَيَّ عَلَى الْفَلَاحِ.

Come to success.

(Turn the face to the left when saying these words)

حَيَّ عَلَى الْفَلَاحِ

Come to success.

قَدْ قَامَتِ الصَّلَاةُ.

Salaah is indeed about to begin. Salaah is indeed about to begin

اللهُ أَكْبَرُ اللَّهُ أَكْبَرُ.

Allah ﷺ is the greatest. Allah ﷺ is the greatest.

لَا إِلَهَ إِلَّا اللَّهُ.

There is no God besides Allah ﷺ.

(*Abu Dawood, Vol. 1, Pg. 79*)

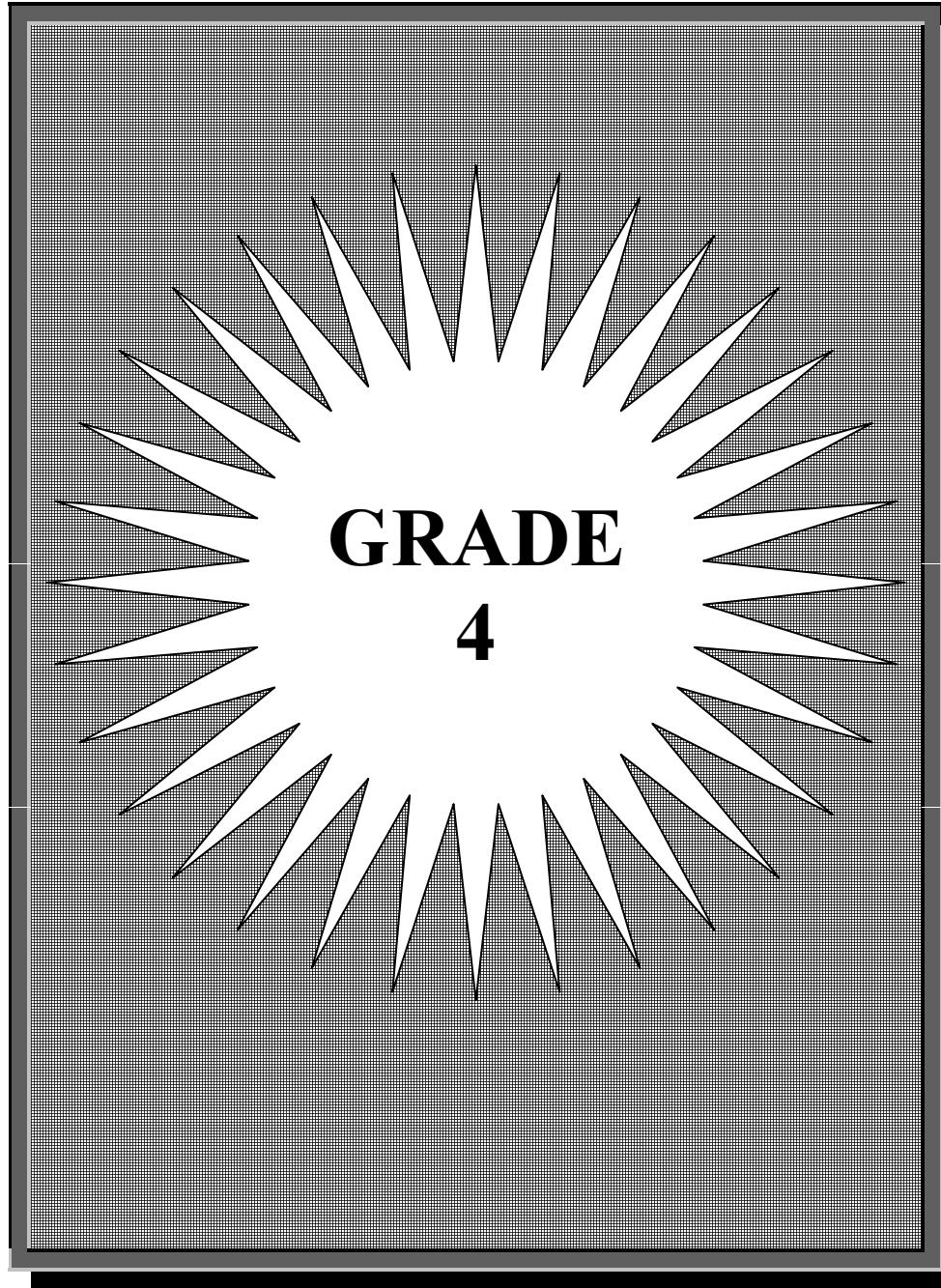
اللَّهُمَّ رَبَّ هَذِهِ الدَّعْوَةِ التَّامَّةِ وَالصَّلْوَةِ
 الْقَائِمَةِ أَتَ مُحَمَّدَنِ الْوَسِيلَةُ وَالْفَضِيلَةُ وَابْعَثْهُ
 مَقَامًا مَحْمُودًا الَّذِي وَعَدْتَهُ إِنَّكَ لَا تُخْلِفُ
 الْمِيعَادَ

O Allah ﷺ! Lord of this perfect call and everlasting prayer, grant our master Muhammad j the Waseelah and the virtue, and raise him to that praised position which You have promised him. Verily You do not go against Your promise. (Waseelah: a place in Jannah)

(*Sunnan-e-Baihaqi*, Vol. 1, Pg. 410 / *Abu Dawood*, Vol. 1, Pg. 85)

Virtue

Nabi j is reported to have said, “My intercession is necessary on the day of Qiyamah for that person who recites this dua after hearing the adhân.”



GRADE

4

50.

When getting into a vehicle

بِسْمِ اللَّهِ الْحَمْدُ لِلَّهِ. سُبْحَانَ الَّذِي سَخَّرَ لَنَا هَذَا وَمَا كُنَّا لَهُ مُقْرِنِينَ. وَإِنَّا إِلَى رَبِّنَا لَمُنْقَلِبُونَ

All praise be to Allah ﷺ, Glory be to Allah ﷺ who has put this (vehicle) under our control though we were unable to control it.

Surely, to our Sustainer are we to return.

(Tirmidhi, Vol. 2, Pg. 182)

51.

When the vehicle moves

بِسْمِ اللَّهِ مَجْرِهَا وَمَرْسِهَا إِنَّ رَبِّي لَغَفُورٌ رَّحِيمٌ

In name of Allah ﷺ is its moving and its stopping. Most certainly, my Lord is Oft-Forgiving, Most Merciful.

(Al-Quraan S.11 V.41)

52.

When returning from a journey

أَبْوَنَ تَائِبُونَ عَابِدُونَ لِرَبِّنَا حَامِدُونَ

We are returning, we are repenting, we pray (to Allah ﷺ), we
praise our sustainer.

(Muslim Vol. 1, Pg. 434)

53.

When entering a town or city

recite three times

اللَّهُمَّ بَارِكْ لَنَا فِيهَا

thereafter recite

اللَّهُمَّ ارْزُقْنَا جَنَاحَهَا وَ حَبَّبَنَا إِلَى أَهْلِهَا
وَ حَبَّ صَالِحِي أَهْلِهَا إِلَيْنَا

O Allah ﷺ! Grant us barakat in this place. O Allah ﷺ! Give us
of its produce and make us liked by its people and make us like
the good people of this place.

(Al Mu'jamul Awsat Tabra, Vol. 5, Pg. 379)

أَللَّهُمَّ إِنَّا نَسْتَعِينُكَ وَنَسْتَغْفِرُكَ وَنُؤْمِنُ بِكَ
 وَنَتَوَكَّلُ عَلَيْكَ وَنُشْتِي عَلَيْكَ الْخَيْرَ وَنَشْكُرُكَ
 وَلَا نَكْفُرُكَ وَنَخْلُعُ وَنَتْرُكُ مَنْ يَفْجُرُكَ
 أَللَّهُمَّ إِيَّاكَ نَعْبُدُ وَلَكَ نُصَلِّي وَنَسْجُدُ وَإِلَيْكَ
 نَسْعَى وَنَحْفُدُ وَنَرْجُوا رَحْمَتَكَ وَنَخْشِي
 عَذَابَكَ أَنَّ عَذَابَكَ بِالْكُفَّارِ مُلْحَقٌ

O Allah ﷺ! We seek help from You. We seek Your forgiveness. We believe in You. We rely on You. We praise You in the best manner. We thank You and we are not ungrateful to You. We leave and cast off one who disobeys You. O Allah ﷺ! We worship You and to You do we pray and prostrate and to You do we flee and we are quick in doing so, and we hope for Your mercy and fear Your punishment. Verily, Your punishment overtakes the unbelievers.

(Musnaf Ibni Abi Shaybah, Vol. 2, Pg, 314/5)

سُبْحَانَ الْمَلَكِ الْقُدُّوسِ

Glory be to the Most Holy King.

(Nasai, Vol. 1, Pg. 253)

Note: Recite the above dua three times and on the third time raise your voice slightly and pull the daal and the waw in Qudoos.

اللَّهُمَّ أَهْلُهُ عَلَيْنَا بِالْيُمْنِ وَالْإِيمَانِ وَالسَّلَامَةِ
وَالْإِسْلَامِ وَالْتَّوْفِيقِ لِمَا تُحِبُّ وَتَرْضَى رَبِّيْ
وَرَبِّكَ اللَّهُ

O Allah ﷺ let this new moon appear to us with prosperity, faith, safety and Islam and with the hope of success to do deeds which You would like and approve of. My Lord and Your Lord

(O Moon!) is Allah ﷺ.

(Tirmidhi, Vol. 2, Pg. 183)

57.

Dua for fasting

اللَّهُمَّ أَصُومُ غَدًا لَكَ فَاغْفِرْ لِي مَا قَدَّمْتُ وَمَا
أَخَرْتُ

O Allah ﷺ! I shall fast tomorrow for Your sake, so forgive my future and past sins.

alternatively recite this dua

بِصَوْمِ غَدِ تَوَيِّتُ

I intend fasting tomorrow.

58.

When breaking the fast

اللَّهُمَّ لَكَ صُمْتُ وَبِكَ امْنَتُ وَعَلَى
رِزْقِكَ افْطَرْتُ

O Allah ﷺ, I fasted for You. In You do I believe, and with your provision (food) do I break my fast.

(*Kitab-u-Dua Tabrani, Vol. 2, Pg. 1229*)

59.

When eating elsewhere (1)

اللَّهُمَّ بَارِكْ لَهُمْ فِيمَا رَزَقْتُهُمْ وَاغْفِرْ لَهُمْ
وَارْحَمْهُمْ

O Allah ﷺ, bless them in what You have provided them with
and forgive them and have mercy upon them.

(Muslim, Vol. 2, Pg. 180)

60.

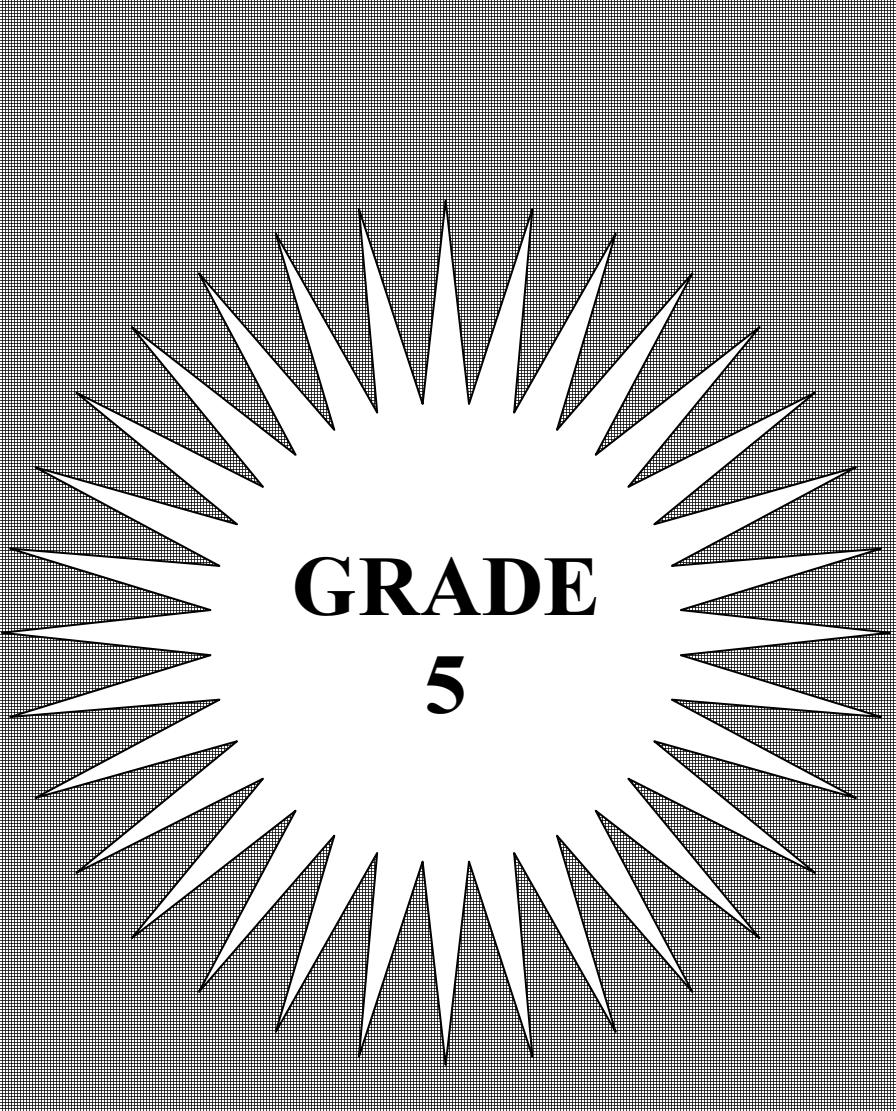
When eating the first fruit of the season

اللَّهُمَّ بَارِكْ لَنَا فِي ثَمَرَاتِ وَبَارِكْ لَنَا فِي مَدِينَاتِ
وَبَارِكْ لَنَا فِي صَاعِنَاتِ وَبَارِكْ لَنَا فِي مُدَنَّا

O Allah ﷺ, grant us abundance in our fruit and bless us in our
towns and bless us in our weight and our measures.

(Muslim, Vol. 1, Pg. 442)

Note: When the first fruit of the season is brought, it
should first be given to the youngest child present to
eat.



GRADE
5

اللَّهُمَّ اكْفِنِي بِحَلَالِكَ عَنْ حَرَامِكَ وَأَغْنِنِي
بِفَضْلِكَ عَمَّنْ سِوَاكَ

O Allah ﷺ, provide me lawful livelihood, adequate to my needs instead of an ill-gotten one, and grant me freedom from need for anything from anyone besides Yourself.

(Tirmidhi Vol. 2, Pg. 195)

62. When seeing someone in distress
(say softly)

الْحَمْدُ لِلَّهِ الَّذِي عَافَنِي مِمَّا ابْتَلَاكَ بِهِ
وَفَضَّلَنِي عَلَىٰ كَثِيرٍ مِّمَّنْ خَلَقَ تَفْضِيلًا

All praise is due to Allah ﷺ who granted me safety from what He has afflicted you with and He has conferred on me special favors above a great part of His creation.

(Tirmidhi, Vol. 2, Pg. 181)

63.

Dua for fever

بِسْمِ اللَّهِ الْكَبِيرِ أَعُوذُ بِاللَّهِ الْعَظِيمِ مِنْ شَرِّ كُلِّ
عِرْقٍ نَّعَارٍ وَمِنْ شَرِّ حَرِّ النَّارِ

With the name of Allah ﷺ, the Great. I seek protection in Allah ﷺ, the Magnificent, from the evil of every spurting vein and from the evil of the heat of The Fire.

(*Mujamul Kabir Tabran*, Vol . 11, Pg. 225)

64.

When visiting the sick

لَا بَأْسَ طَهُورٌ انْ شَاءَ اللَّهُ الْلَّهُمَّ اشْفُهْ
الْلَّهُمَّ عَافِهْ

Do not despair, it is a cleansing from sins if Allah ﷺ wills; O Allah ﷺ, grant him cure and peace.

(*Bukhaari Vol. 2 Pg. 845*)

65.

At the time of death

لَا إِلَهَ إِلَّا اللَّهُ مُحَمَّدُ رَسُولُ اللَّهِ اللَّهُمَّ اعْنِي
عَلَى غَمَرَاتِ الْمَوْتِ وَسَكَرَاتِ الْمَوْتِ

There is no God besides Allah ﷺ. Muhammad j is His messenger. O Allah ﷺ, help me to overcome the agonies and difficulties of death.

(Tirmidhi Vol. 1, Pg. 117)

66.

Thanaa in janazah salaah

سُبْحَانَكَ اللَّهُمَّ وَبِحَمْدِكَ وَتَبَارَكَ اسْمُكَ
وَتَعَالَى جَدُّكَ وَجَلَّ ثَنَاؤُكَ وَلَا إِلَهَ غَيْرُكَ

Glory be to You O Allah ﷺ, and praise be to You, and blessed is Your name, and high is Your greatness and high is Your praise, and there is no God besides You.

(Tahtawi ala Maraqil falaah Pg. 584)

اللَّهُمَّ اغْفِرْ لِحَيْنَا وَمَيْتَنَا وَشَاهِدَنَا وَغَائِبَنَا
 وَصَغِيرَنَا وَكَبِيرَنَا وَذَكَرَنَا وَأُنثَانَا اللَّهُمَّ مَنْ
 أَحِبَّتْهُ مِنَا فَاحْيِهْ عَلَى الْإِسْلَامِ وَمَنْ تَوَفَّيْتْهُ مِنَ
 فَتَوَفَّهُ عَلَى الْإِيمَانِ

O Allah ﷺ, forgive amongst us those who are alive and those who are dead, those who present and those who are absent, those who are young and those who are old, those who are males and those who are females. O Allah ﷺ, whom You keep alive amongst us, keep him alive upon Islam and whom You caused to die, let him die upon imaan.

(Tirmidhi, Vol. 1, Pg. 121)

68.

Janazah dua for a boy

اللَّهُمَّ اجْعَلْهُ لَنَا فَرَطًا وَاجْعَلْهُ لَنَا أَجْرًا وَذُخْرًا
وَاجْعَلْهُ لَنَا شَافِعًا وَمُشَفِّعًا

O Allah ﷺ, make him our fore-runner, a source of reward and treasure and make him a pleader for us and (make him) one whose plea has been accepted.

(Hidayah Vol. 1, Pg. 180)

69.

Janazah dua for a girl

اللَّهُمَّ اجْعَلْهَا لَنَا فَرَطًا وَاجْعَلْهَا لَنَا أَجْرًا
وَذُخْرًا وَاجْعَلْهَا لَنَا شَافِعَةً وَمُشَفِّعَةً

O Allah ﷺ, make her our fore-runner, a source of reward and treasure and make her a pleader for us and (make her) one whose plea has been accepted.

70.

When entering the graveyard

السَّلَامُ عَلَيْكُمْ أَهْلَ الدِّيَارِ مِنَ الْمُؤْمِنِينَ
وَالْمُسْلِمِينَ وَإِنَّ شَاءَ اللَّهُ بِكُمْ لَا حَرْجُونَ
نَسْأَلُ اللَّهَ لَنَا وَلَكُمُ الْعَافِيَةُ

Peace be upon you O Mu'mineen and Muslimeen who dwell herein. Insha Allah ﷺ we shall join you. We ask Allah ﷺ for your and our pardon.

(Ibnu Majah, Pg.111)

71.

When laying the dead into the qabar

بِسْمِ اللَّهِ وَعَلَى مَلَةِ رَسُولِ اللَّهِ

In the name of Allah ﷺ and in the manner of Rasulullah j do we lay this body to rest.

(Ibnu Majah, Pg.111)

72. When filling the qabar with soil

When throwing the first handful (of soil), say:

مِنْهَا خَلَقْنَاكُمْ

From dust did We create you.

When throwing the second handful, say:

وَفِيهَا نُعِيدُكُمْ

And to dust shall We return you.

When throwing the third handful, say:

وَمِنْهَا نُخْرِجُكُمْ ثَارَةً أُخْرَى

And from dust shall We raise you again.

(Mustadrak Hakim, Vol. 2, Pg. 379)

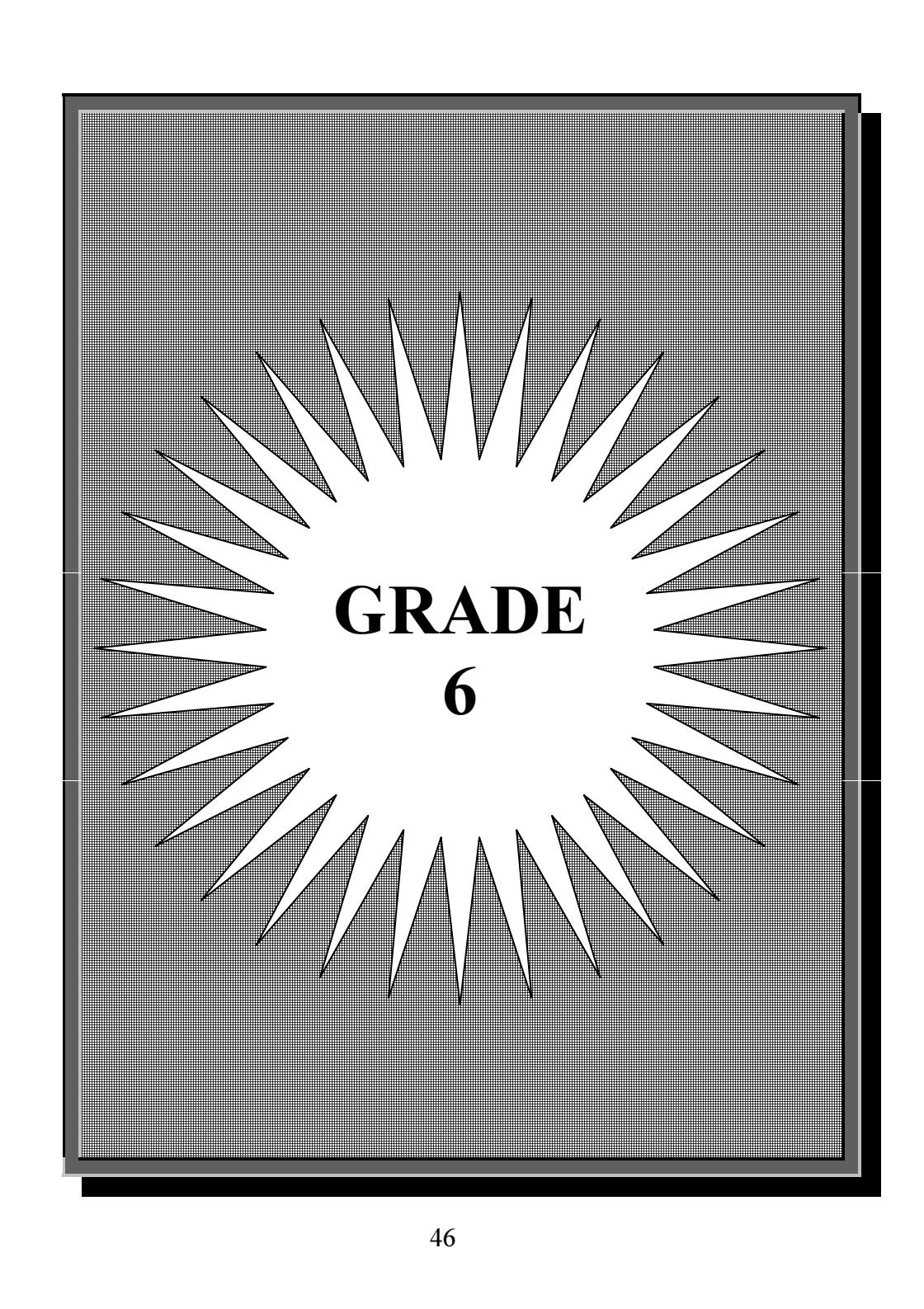
73.

Dua for parents

رَبِّ ارْحَمْهُمَا كَمَا رَبَّيَانِيْ صَغِيرًا

O Allah ﷺ! Have mercy upon them as they had mercy upon me when I was small.

(AL-Quraan S. 17, V. 24)



GRADE

6

74.

At the time of sunset

اللَّهُمَّ هَذَا اقْبَالُ لَيْلَكَ وَادْبَارُ نَهَارِكَ
وَأَصْوَاتُ دُعَاتِكَ فَاغْفِرْ لِيْ

O Allah ﷺ, this is the approaching of Your night and the disappearing of Your day and the sounds of those who pray to You. So do forgive me.

(Miskhaat, Pg. 660)

75.

When seeing the moon

أَعُوذُ بِاللَّهِ مِنْ شَرِّ هَذَا الْغَاسِقِ

I seek the protection of Allah ﷺ from the evil of this darkening moon.

(Tirmidhi, Vol. 2, Pg. 172)

76.

At the time of drought

اللَّهُمَّ اسْقِنَا اللَّهُمَّ اغْشِنَا

O Allah ﷺ, quench our thirst, O Allah ﷺ, send us rain.

(Tirmidhi, Vol. 2, Pg. 66)

77.

When there is excessive rain

اللَّهُمَّ حَوَّالِيْنَا وَلَا عَلَيْنَا اللَّهُمَّ عَلَى الْأَكَامِ
وَالْأَجَامِ وَالظَّرَابِ وَالْأَوْدِيَةِ وَمَنَابِتِ الشَّجَرِ

O Allah ﷺ, send rain in the outskirts, not upon us. O Allah ﷺ, make it rain upon the hills, in the woods, on the mountains, in the valleys and forests.

(Bukhaari, Vol. 1, Pg. 138)

78.

Dua when leaving a gathering

سُبْحَانَ اللَّهِ وَبِحَمْدِهِ سُبْحَانَكَ اللَّهُمَّ
وَبِحَمْدِكَ أَشْهَدُ أَنْ لَا إِلَهَ إِلَّا أَنْتَ أَسْتَغْفِرُكَ
وَأَتُوْبُ إِلَيْكَ

Glory be to Allah ﷺ with His praises. Glory be to You, O Allah ﷺ, with Your praises. I bear witness that there is no God besides You. I beg Your forgiveness and repent to You.

(Mustadrak Hakim, Vol. 1, Pg. 537)

Virtue

Whosoever recites the following dua after sitting in a gathering will be forgiven for whatever wrongs were done in that gathering.

79.

When entering a shopping centre

لَا إِلَهَ إِلَّا اللَّهُ وَحْدَهُ لَا شَرِيكَ لَهُ لَهُ الْمُلْكُ
وَلَهُ الْحَمْدُ يُحْيِي وَيُمِيتُ وَهُوَ حَيٌّ لَا يَمُوتُ
بِيَدِهِ الْخَيْرُ وَهُوَ عَلَىٰ كُلِّ شَيْءٍ قَدِيرٌ

There is no God besides Allah ﷺ. He is One. He has no partner. His is the kingdom and for Him is all praise. He gives life and causes death. He is Ever living and never dies. In His hand is all good. And He has power over everything.

(Tirmidhi, Vol. 2, Pg. 180)

Virtue

Whosoever recites the above dua will receive 1 million rewards, 1 million of his sins will be wiped out and his ranks will be raised a million times. Furthermore a palace will be built for him in Jannah. (Tirmidhi)

Rasûlullâh ﷺ said: “The best of places unto Allâh ﷺ are the masâjid and the worst of places in the sight of Allâh are the shopping centers” (Mishkaat)

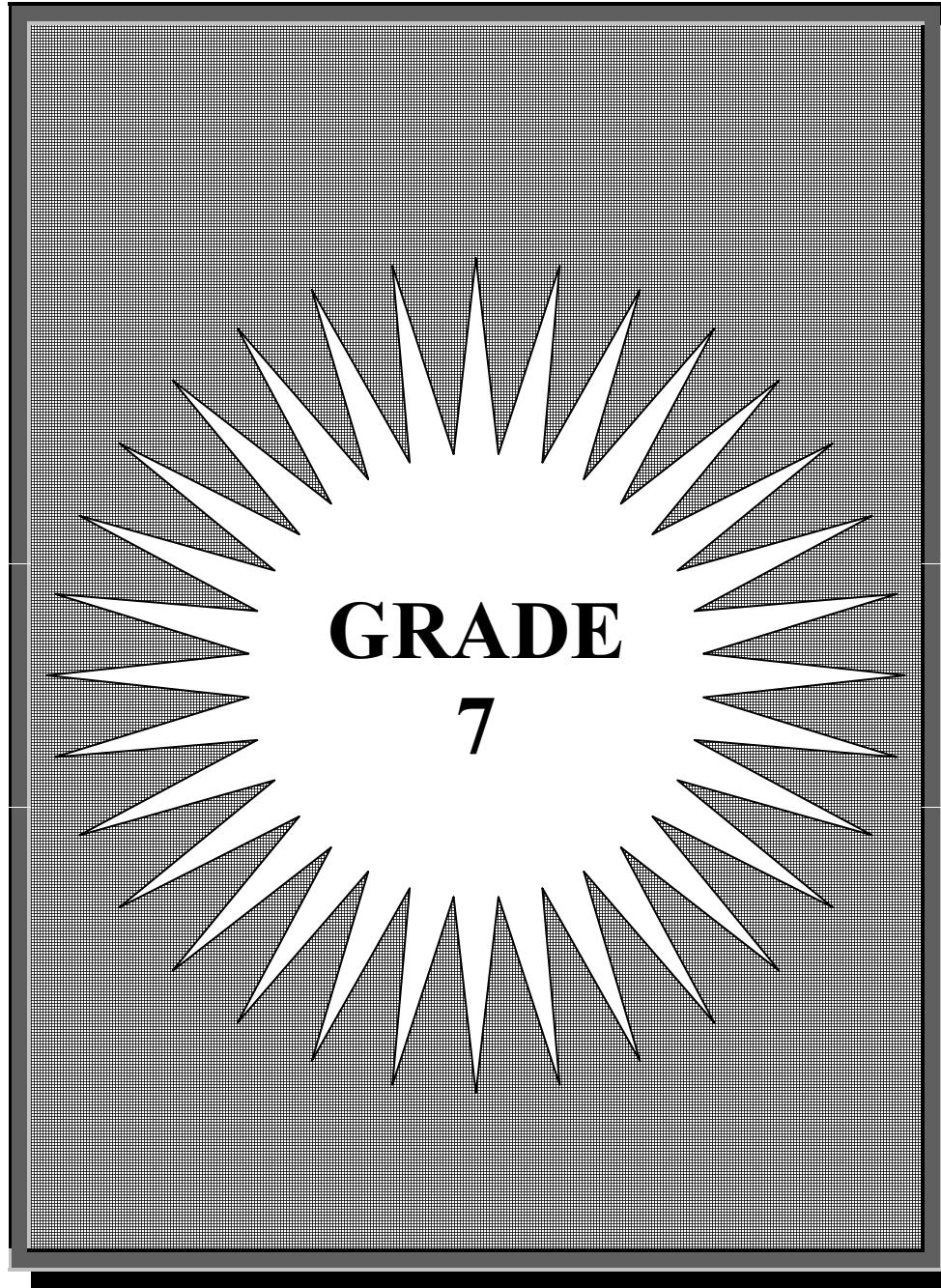
هُوَ اللَّهُ الَّذِي لَا إِلَهَ إِلَّا هُوَ

Allah is He besides whom there is no God but Him

الْمُؤْمِنُ	السَّلَامُ	الْقُدُّوسُ	الْمَلِكُ	الرَّحِيمُ	الرَّحْمَانُ
الْبَارِئُ	الْخَالِقُ	الْمُتَكَبِّرُ	الْجَبَارُ	الْعَزِيزُ	الْمُهَمَّمِنُ
الْفَتَّاحُ	الرَّزَّاقُ	الْوَهَابُ	الْقَهَّارُ	الْغَفَارُ	الْمُصَوِّرُ
الْمُعِزُّ	الرَّافِعُ	الْخَافِضُ	الْبَاسِطُ	الْقَابِضُ	الْعَلِيمُ
اللَّطِيفُ	الْعَدْلُ	الْحَكَمُ	الْبَصِيرُ	السَّمِيعُ	الْمُذْلُّ
الْعَلِيُّ	الشَّكُورُ	الْغَفُورُ	الْعَظِيمُ	الْحَلِيمُ	الْخَبِيرُ
الْكَرِيمُ	الْجَلِيلُ	الْحَسِيبُ	الْمُقْيَتُ	الْحَفِظُ	الْكَبِيرُ
الْمَجِيدُ	الْوَدُودُ	الْحَكِيمُ	الْوَاسِعُ	الْمُجِيدُ	الرَّقِيبُ
الْمَتِينُ	الْقَوِيُّ	الْوَكِيلُ	الْحَقُّ	الشَّهِيدُ	الْبَاعِثُ

الْمُحْيٰ	الْمُعِيدُ	الْمُبْدِئُ	الْمُحْصِنُ	الْحَمِيدُ	الْوَلِيُّ
الْوَاحِدُ	الْمَاجِدُ	الْوَاجِدُ	الْقَيُومُ	الْحَيُّ	الْمُمِيتُ
الْمُؤَخِّرُ	الْمُقَدِّمُ	الْمُقْتَدِرُ	الْقَادِرُ	الصَّمَدُ	الْأَحَدُ
الْمُتَعَالِيُّ	الْوَالِيُّ	الْبَاطِنُ	الظَّاهِرُ	الْلَاخِرُ	الْأَوَّلُ
الرَّءُوفُ	الْعَفُوفُ	الْمُنْتَقِمُ	الْمُنْعَمُ	الْتَّوَابُ	الْبَرُّ
الْغَنِيُّ	الْجَامِعُ	الْمُقْسِطُ	ذُو الْجَلَالِ وَالْأَكْرَامِ	مَالِكُ الْمُلْكِ	
النُّورُ	النَّافِعُ	الضَّارُّ	الْمَانِعُ	الْمُعْطِيُّ	الْمُعْنِيُّ
الصَّبورُ	الرَّشِيدُ	الْوَارِثُ	الْبَاقِيُّ	الْبَدِيعُ	الْهَادِيُّ

Virtue: Rasulullah j said: Verily Allah ﷺ has 99 names. Whosoever memorises them will enter Jannah



GRADE

7

81. When laying the Qurbaani animal down
for slaughtering

اَنِّي وَجَّهْتُ وَجْهِي لِلَّذِي فَطَرَ السَّمَاوَاتِ
وَالْاَرْضَ عَلَى مِلَّةِ ابْرَاهِيمَ حَنِيفًا وَمَا اَنَا مِنْ
الْمُشْرِكِينَ

I have firmly turned myself towards that Being who has
created the heavens and the earth, while I am upon the
Straight Deen of Ibraheem صَلَّى اللَّهُ عَلَيْهِ وَسَلَّمَ, and I am not among the
Mushrikeen.

اَنْ صَلَّاتِي وَنُسُكِي وَمَحْيَايَ وَمَمَاتِي لِلَّهِ
رَبِّ الْعَالَمِينَ لَا شَرِيكَ لَهُ وَبِذَالِكَ اُمِرْتُ وَ
اَنَا مِنَ الْمُسْلِمِينَ اللَّهُمَّ مِنْكَ وَلَكَ عَنْ

Verily, my Salaah, my sacrifice, my life and my death are for Allah ﷺ, Lord of the worlds. He has no partner, with this I have been commanded and I am among the Muslimeem. O Allah ﷺ! This sacrifice is due to You granting us the ability to do so and it is for You.

Note: After saying the word “ ﴿عَنْ﴾ ” mention the name of the person on whose behalf the sacrifice is being made.

82. When slaughtering the animal

بِسْمِ اللَّهِ الرَّحْمَنِ الرَّحِيمِ

In the name of Allah ﷺ, Allah ﷺ is the greatest.
(Mishkaat Pg.128)

اللَّهُمَّ أَنْتَ رَبِّيْ لَا إِلَهَ إِلَّا أَنْتَ خَلَقْتَنِيْ وَأَنَا عَبْدُكَ وَأَنَا عَلَى عَهْدِكَ وَوَعْدُكَ مَا اسْتَطَعْتُ أَعُوذُ بِكَ مِنْ شَرِّ مَا صَنَعْتُ أَبُوءُ لَكَ بِنَعْمَتِكَ عَلَيَّ وَأَبُوءُ بِذَنْبِيْ فَاغْفِرْ لِيْ فَإِنَّهُ لَا يَغْفِرُ الذُّنُوبَ إِلَّا أَنْتَ

O Allah ﷺ, You are my cherisher. There is no God except You. You have created me and I am Your servant. As far as possible, I abide by my solemn promise and covenant (which I made to You). I seek Your protection against the consequences of my wrongdoings. I fully acknowledge the grace You have bestowed upon me and confess my faults. So pardon me as none besides You can pardon sins.

(Bukhaari, Vol. 2, Pg. 933)

Virtue

The person who recites this dua sincerely in the course of the day and night and dies will be among the people of Jannah. (Bukhaari)

اللَّهُمَّ إِنِّي أَسْتَخِرُكَ بِعِلْمِكَ وَأَسْتَقْدِرُكَ
 بِقُدْرَتِكَ وَأَسْأَلُكَ مِنْ فَضْلِكَ الْعَظِيمِ فَإِنَّكَ
 تَقْدِرُ وَلَا أَقْدِرُ وَتَعْلَمُ وَلَا أَعْلَمُ وَإِنْتَ عَلَامُ
 الْغُيُوبِ اللَّهُمَّ إِنْ كُنْتَ تَعْلَمُ أَنَّ هَذَا الْأَمْرُ
 خَيْرٌ لِّي فِي دِينِي وَمَعَاشِي وَعَاقِبَةِ أَمْرِيْ
 فَاقْدُرْهُ لِي وَيَسِّرْهُ لِي ثُمَّ بَارِكْ لِي فِيهِ وَإِنْ
 كُنْتَ تَعْلَمُ أَنَّ هَذَا الْأَمْرُ شَرٌّ لِّي فِي دِينِيْ
 وَمَعَاشِيْ وَعَاقِبَةِ أَمْرِيْ فَاصْرِفْهُ عَنِّي وَاصْرِفْنِيْ
 عَنْهُ وَاقْدُرْ لِي الْخَيْرَ حَيْثُ كَانَ ثُمَّ أَرْضِنِيْ بِهِ

O Allah ﷺ, I ask You for good through Your knowledge and I ask You for ability through Your power and I beg (Your favour) out of Your infinite bounty. Surely, You have power and I have none. You know everything and I know not. You are the Great Knower of all things. O Allah ﷺ, if, in Your sublime knowledge,

this matter is good for my Faith (Deen), for my livelihood and for the consequences of my affairs, then ordain it for me and make it easy for me and bless me therein. But if, in Your knowledge, this matter is bad for my Faith (Deen), for my livelihood and for the consequences of my affairs, then turn it away from me and turn me away there from and ordain for me the good wherever it be and cause me to be pleased therewith.

(Bukhaari, Vol. 1, Pg. 155)

Note: While reciting this Dua, on reaching the highlighted words, one should think of and mention one's problem in any language. Thereafter, do whatever one feels suitable. It is not necessary that one should see an evident change or vision.
(Istikhaarah should be made for all important matters.)

Alternatively, one may recite the following dua 11 times.

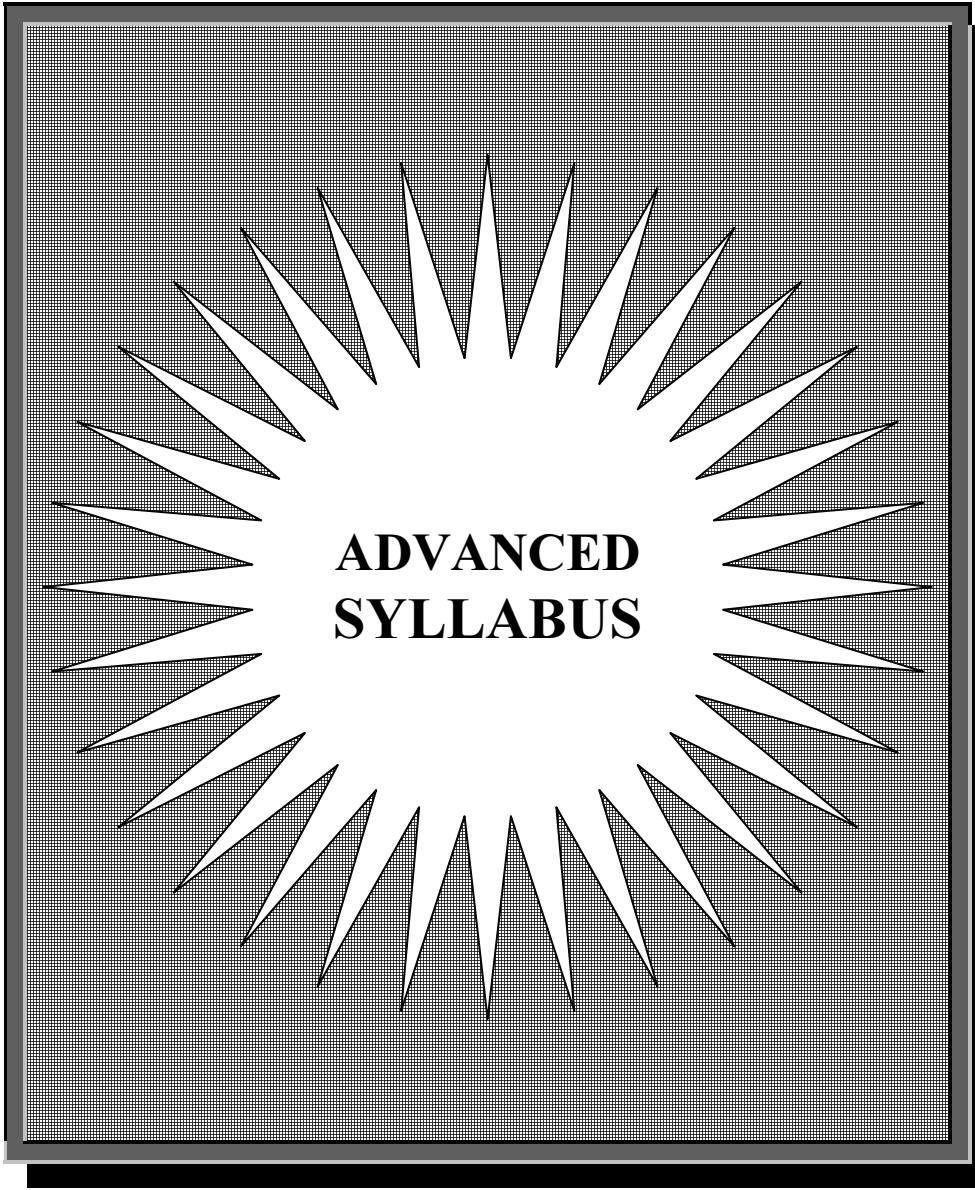
اللَّهُمَّ خِرْ لِيْ وَاخْتَرْ لِيْ

85. The most comprehensive of all duas

Hadhrat Abu Umaamah ﷺ narrates that Nabi j made lots of duas which we were unable to memorise. We said: "O Prophet of Allah, You have made many duas which we were unable to memorise. Can you not teach us such a dua that would encompass all of it." Rasulullah j said: Recite...

اللَّهُمَّ إِنِّي سَأْكُنْ مِنْ خَيْرِ مَا سَأَلَكَ مِنْهُ نَبِيُّكَ
مُحَمَّدٌ صَلَّى اللَّهُ عَلَيْهِ وَسَلَّمَ وَنَعُوذُ بِكَ مِنْ
شَرِّ مَا اسْتَعَاذَ مِنْهُ نَبِيُّكَ مُحَمَّدٌ صَلَّى اللَّهُ عَلَيْهِ
وَسَلَّمَ وَأَتَّ الْمُسْتَعَانْ وَعَلَيْكَ الْبَلَاغُ وَلَا
حَوْلَ وَلَا قُوَّةَ إِلَّا بِاللَّهِ

(Tirmidhi Vol. 2, Pg. 192)



ADVANCED SYLLABUS

GRADE 1: ADVANCED SYLLABUS

86. Dua at the time of anger

87. When a dog barks

88. When a donkey brays

أَعُوذُ بِاللَّهِ مِنَ الشَّيْطَانِ الرَّجِيمِ

I seek the protection of Allah ﷺ from shaytaan the cursed one.

(*Abu Dawood, Vol. 2, Pg. 348*)

89. When welcoming someone

أَهْلًا وَ سَهْلًا وَ مَرْحَبًا

(May you enter and) be as one of us, be at ease and
comfortable, and welcome (to you).

(*Tirmidhi, Ibnu Majah*)

90. Dua when intending to do something

اَنْ شَاءَ اللَّهُ

If Allah ﷺ wills.

GRADE 2: ADVANCED SYLLABUS

91. Morning and evening dua

اللَّهُمَّ بِكَ أَصْبَحْنَا وَ بِكَ أَمْسَيْنَا وَ بِكَ تَحْيِي
وَ بِكَ تَمُوتُ وَ إِلَيْكَ النُّشُورُ

O Allah with your help do I start this day / night and with
your help do I live and with your help do I die and to you is
our rising.

(Abu Dawood Vol. 2 Pg. 343)

92.

Before sleeping (2)

اللَّهُمَّ قَنِيْ عَذَابَكَ يَوْمَ تَبْعَثُ عِبَادَكَ

O Allah ﷺ! Save me from Your punishment on that day when
You shall raise Your servants.

(Mishkaat, pg. 210)

93.

When seeing a Muslim laugh

أَضْحَكَ اللَّهُ سَنَكَ

May Allah ﷺ grant you lifelong happiness.
(Bukhaari, Vol, 2, Pg. 899)

94.

When eating with a person who has a
disease

بِسْمِ اللَّهِ ثِقَةً بِاللَّهِ وَتَوَكِّلاً عَلَيْهِ

In the name of Allah ﷺ, with confidence in Allah ﷺ, and
humbly trusting Him.

(Tirmidhi, Vol. 2, Pg. 4)

GRADE 3: ADVANCED SYLLABUS

95. When things are in ones favour

الْحَمْدُ لِلَّهِ الَّذِي بِنِعْمَتِهِ تَمُّ الصَّالَحَاتُ

All praise is due to Allah ﷺ with whose grace all good things are realised.

(Ibnu Majah, Pg. 270)

96. When an evil thought comes to mind

أَعُوذُ بِاللَّهِ مِنَ الشَّيْطَانِ الرَّجِيمِ

أَمَّنْتُ بِاللَّهِ وَرَسُولِهِ

I seek the protection of Allah ﷺ from the accursed devil. I believe in Allah ﷺ and His messengers.

(Muslim, Vol. 1, Pg. 79)

97. Dua when afflicted with some calamity

اللَّهُمَّ أَجْرِنِي فِي مُصِيبَتِي وَأَخْلِفْ لِي خَيْرًا
مِنْهَا

O Allah ﷺ! From You do I hope for reward for this difficulty of mine. So reward me therein and give me something better in return.

(Muslim Vol. 1, Pg. 300)

Virtue

Nabi j said: Whoever reads this dua whilst in difficulty, Allah ﷺ will replace him with some thing better.

(Mishkaat Pg 140)

98. Dua for death on Imaan

رَبَّنَا لَا تُنْرِغْ قُلُوبَنَا بَعْدَ اذْهَدْيَتَنَا وَهَبْ لَنَا
مِنْ لَدُنْكَ رَحْمَةً اِلَّا اَنْتَ الْوَهَابُ

O Our Lord! Do not let our hearts go astray after You had granted us guidance, and grant us mercy from Your side.

Verily You are The Great Giver of favours

99.

Dua in qaumah (2)

رَبَّنَا وَلَكَ الْحَمْدُ حَمْدًا كَثِيرًا طَيِّبًا مُبَارَكًا فِيهِ

O Allah ﷺ, praise be to You the heavens full and the earth full and whatever pleases You beyond that.

(Abu Dawood Vol. 1 Pg. 119)

100.

When the sun rises

الْحَمْدُ لِلَّهِ الَّذِي أَقَالَنَا يَوْمًا هَذَا وَلَمْ يُهَلِّكْنَا

بِذُنُوبِنَا

All praise be to Allah ﷺ, who has brought upon us this day and has not destroyed us because of our sins.

(Muslim Vol. 1, Pg. 274)

GRADE 4: ADVANCED SYLLABUS

101.

Dua after iftaar

ذَهَبَ الظَّمَاءُ وَابْتَلَتِ الْعُرُوقُ وَثَبَتَ الْأَجْرُ
اَنْ شَاءَ اللَّهُ

The thirst has gone, the throat has been wetted and the reward
has been earned, if Allah ﷺ so wills.

(Abu Dawood Vol. 1, Pg. 328)

102.

When wearing new clothes

الْحَمْدُ لِلَّهِ الَّذِي كَسَانِيْ مَا أُوَارِيْ بِهِ
عَوْرَتِيْ وَأَتَجَمَّلُ بِهِ فِيْ حَيَاتِيْ

Praise be to Allah ﷺ, who clothed me with that which I cover
my shame and adorn myself during my life.

(Tirmidhi, Vol. 2, Pg. 195)

Virtue

It is mentioned in the Hadith that if a person recites this Dua after wearing new clothes and he gives his old clothes in sadaqah (charity), then he will be in the guardianship and protection of Allah ﷺ.

103.

When eating elsewhere (2)

أَكَلَ طَعَامَكُمُ الْأَبْرَارُ وَصَلَّتْ عَلَيْكُمْ
الْمَلَائِكَةُ وَأَفْطَرَ عِنْدَكُمُ الصَّائِمُونَ

May the righteous partake of your food and the angels of mercy descend upon you and those fasting break their fast with you.

اللَّهُ أَكْبَرُ اللَّهُ أَكْبَرُ اللَّهُ أَكْبَرُ

اللَّهُمَّ إِنَّا نَسْأَلُكَ فِي سَفَرِنَا هَذَا الْبَرَّ وَالْتَّقْوَىٰ
وَمِنَ الْعَمَلِ مَا تَرْضِي اللَّهُمَّ هَوَنْ عَلَيْنَا سَفَرُنَا
هَذَا وَاطْرُ عَنَّا بُعْدَهُ

اللَّهُمَّ أَتَ الصَّاحِبِ فِي السَّفَرِ وَالْخَلِيفَةِ فِي
الْأَهْلِ.

اللَّهُمَّ أَنِّي أَعُوذُ بِكَ مِنْ وَعْثَاءِ السَّفَرِ وَ
كَابَةِ الْمَنْظَرِ وَسُوءِ الْمُنْقَلَبِ فِي الْمَالِ
وَالْأَهْلِ وَالْوَلَدِ

Allah ﷺ is the Greatest! Allah ﷺ is the Greatest! Allah ﷺ is the Greatest! O Allah ﷺ, we ask You to grant us, in this journey of ours, piety, abstinence (from sin) and the ability to do actions that are pleasing to You. O Allah ﷺ, make easy for us this journey and shorten for us its destination. O Allah ﷺ, You are our Companion on this journey and the Protector of our families. O Allah ﷺ, I seek Your protection against the hardships of this journey, against a bad scene and against making a bad return to my belongings, wife and children.

(Muslim, Vol. 1, Pg. 434)

GRADE 5: ADVANCED SYLLABUS

105. Dua for protection from calamities

Recite three times morning and evening

بِسْمِ اللَّهِ عَلَىٰ دِينِيْ وَنَفْسِيْ وَوَلَدِيْ وَأَهْلِيْ
وَمَالِيْ

In the name of Allah ﷺ, (I seek protection) upon my religion, life, children, family and wealth.

(Kanzul Ummal, Vol. 2, Pg. 141)

Virtue

Hadhrat Ma'qal bin Yasaar ﷺ narrates: "Once I expressed my fears to Rasulullah j over five things in my life. I feared that I would be deviated from the Siraatul-Mustaqeem (straight path). The second was regarding my life. I feared harm or illness would befall me. The third was about my children that they would suffer Deeni or worldly harm. The fourth concern was my wife, that she too may suffer physical or spiritual harm. The fifth fear I had was over my wealth, should there occur a loss of income or property. After listening to my fears, Rasûlullah j taught me the above dua. (*Kanzul-Ummaal*, Vol. 2. Pg 636)

106. Dua for protection against harm and injury

Recite three times morning and evening

بِسْمِ اللَّهِ الَّذِي لَا يَضُرُّ مَعَ اسْمِهِ شَيْءٌ فِي
الْأَرْضِ وَلَا فِي السَّمَاءِ وَهُوَ السَّمِيعُ الْعَلِيمُ

In the name of Allah ﷺ, through whose name nothing in the heavens or earth can cause any harm. And He is the One who hears and knows everything. (*Abu Dawood*, Vol. 2, Pg. 346)

Virtue

Whosoever recites these words three times in the morning will be protected from **sudden calamities** until the night and whosoever recites these words three times in the evening will be protected from **sudden calamities** until the morning.

107.Dua for protection on the day of Qiyaamah

(Recite three times after Fajar and Maghrib salaah)

رَضِيَتْ بِاللَّهِ رَبِّا وَبِالْإِسْلَامِ دِينًا وَبِمُحَمَّدٍ
صَلَّى اللَّهُ عَلَيْهِ وَسَلَّمَ (نَبِيًّا)

I am happy with Allah ﷺ as my lord, with Islam as my religion and Muhammad j as my prophet.

(Tirmidhi, Vol. 2, Pg. 174)

Virtue

Whosoever recites these words in the evening Allâh ﷺ takes it upon Himself to please that person.

108. Dua for relief from worries and debts

اللَّهُمَّ إِنِّي أَعُوذُ بِكَ مِنَ الْهَمِّ وَالْحُزْنِ وَ
أَعُوذُ بِكَ مِنَ الْعَجْزِ وَالْكَسْلِ وَأَعُوذُ بِكَ
مِنَ الْجُبْنِ وَالْبُخْلِ وَأَعُوذُ بِكَ مِنْ غَلَبَةِ
الدَّيْنِ وَقَهْرِ الرِّجَالِ

O Allah ﷺ! I seek Your protection from worry and grief, and I seek Your protection from weakness and laziness, and I seek Your protection from miserliness and cowardice and I seek Your protection from the burden of debt and the anger of men.

(Abu Dawood, Vol. 1 Pg. 224)

GRADE 6: ADVANCED SYLLABUS

109.

Before sleeping (3)

بِاسْمِكَ رَبِّيْ وَضَعْتُ جَنْبِيْ وَبَكَ ارْفَعْهُ انْ
اَمْسَكْتَ نَفْسِيْ فَارْحَمْهَا وَانْ اَرْسَلْتَهَا
فَاحْفَظْهَا بِمَا تَحْفَظُ بِه عِبَادَكَ الصَّالِحِينَ

With Your name have I laid my body to rest and with Your help will I raise it. If You take my soul, do forgive it. And if You let it go, do preserve it just as You have preserved Your pious servants.

(Bukhaari Vol. 2, Pg. 935)

Note: Nabi j has said in a Hadith that before going to bed one should first dust his bed because he does not know what may be in it. Thereafter he should recite the above dua. (Bukhaari)

110.

At the time of a thunderclap

اللَّهُمَّ لَا تَقْتُلْنَا بِغَضَبِكَ وَلَا تُهْلِكْنَا بِعَذَابِكَ
وَعَافَنَا قَبْلَ ذَلِكَ

O Allah ﷺ, do not kill us through Your anger and do not destroy us with Your punishment. Do forgive us before this (happens).

(Tirmidhi, Vol. 2, Pg. 183)

111. When one sees or experiences something evil

الْحَمْدُ لِلَّهِ عَلَى كُلِّ حَالٍ

All praise is due to Allah ﷺ under all conditions.

(Ibnu Majah, Pg. 270)

112.

When a fire breaks out

اللَّهُ أَكْبَرُ اللَّهُ أَكْبَرُ اللَّهُ أَكْبَرُ

Allah ﷺ is the greatest. Allah ﷺ is the greatest. Allah ﷺ is the greatest.

(Tabrani {Kitaabud-Dua}, Vol. 22, Pg. 1266)

113.

Dua of Hadhrat Abu Darda رض

اللَّهُمَّ أَنْتَ رَبِّيْ لَا إِلَهَ إِلَّا أَنْتَ عَلَيْكَ تَوَكَّلْتُ
وَأَنْتَ رَبُّ الْعَرْشِ الْعَظِيْمِ. مَا شَاءَ اللَّهُ كَانَ
وَمَا لَمْ يَشَاءْ لَمْ يَكُنْ لَا حَوْلَ وَلَا قُوَّةَ إِلَّا بِاللَّهِ
الْعَلِيِّ الْعَظِيْمِ. أَعْلَمُ أَنَّ اللَّهَ عَلَى كُلِّ شَيْءٍ
قَدِيرٌ. وَأَنَّ اللَّهَ قَدْ أَحَاطَ بِكُلِّ شَيْءٍ
عِلْمًا. اللَّهُمَّ أَنِّي أَعُوذُ بِكَ مِنْ شَرِّ نَفْسِيْ وَ
مِنْ شَرِّ كُلِّ دَابَّةٍ أَنْتَ اخْذُمْ بِنَا صِيَّتَهَا أَنَّ رَبِّيْ
عَلَى صِرَاطِ مُسْتَقِيْمٍ

O Allah ﷺ! You are my Lord, other than You there is no God. It is upon You that I have faith and You are the lord of the Mighty Throne. Whatever Allah ﷺ has wished has happened and whatever He has not wished will certainly not happen.

Without the assistance of Allah ﷺ, we cannot save ourselves from any evil nor can we acquire any good. I am sure that Allah ﷺ has power over everything and verily the knowledge of Allah ﷺ encompasses everything.

O Allah ﷺ I seek refuge in You from the evil of myself and the evil of all the living upon whom You have control. Verily, my Lord is on the right path.

Virtue

Someone came to tell Hadhrat Abu Darda رضي الله عنه that his house was on fire. Hadhrat Abu Darda رضي الله عنه [without any concern] replied that his was certainly not on fire. Allah ﷺ will never do so, because I have heard from the Messenger of Allah ﷺ that if a person recites these words at the beginning of the day, no calamities will befall that person till the evening, and if the person recites these words in the evening then no calamities will befall that person till the morning.

In another tradition, it is stated that calamities will not befall him, wife, children and whatever he owns.

Hadhrat Abu Darda رضي الله عنه said: "In the morning I recited these words, therefore, how can my house be on fire." He then said to the people. "Let's go and see." Together with the people they went to wards his house. It was seen that his entire street was on fire and all the houses around Hadhrat Abu Darda's were burnt, but, amidst this, his house was safe and sound. (*Al-Azkaar-Nawawi*, Pg. 79)

اللَّهُمَّ تَقْبَلْهُ مِنِّي كَمَا تَقَبَّلَتْ مِنْ حَبِيبِكَ
 مُحَمَّدٌ وَّ خَلِيلُكَ ابْرَاهِيمَ عَلَيْهِمَا الصَّلَاةُ
 وَالسَّلَامُ

O Allah ﷺ, accept it (this sacrifice) from me just as You have accepted from Your Beloved Muhammad ﷺ and Your Close

Friend Ibraheem ﷺ

(Baheshti Zewar Pg.231)

اللَّهُمَّ أَنْسِنِي وَحْشَتِي فِي قَبْرِي اللَّهُمَّ ارْحَمْنِي
 بِالْقُرْآنِ الْعَظِيمِ وَاجْعَلْهُ لِي أَمَامًا وَنُورًا وَ
 هُدًى وَرَحْمَةً. اللَّهُمَّ ذَكِرْنِي مِنْهُ مَا نَسِيْتُ
 وَعَلَمْنِي مِنْهُ مَا جَهَلْتُ وَارْزُقْنِي تَلَاوَتَهُ أَنَاءَ
 اللَّيْلِ وَأَنَاءَ النَّهَارِ وَاجْعَلْهُ لِي حُجَّةً يَارَبَّ
 الْعَالَمِينَ

O Allah ﷺ, divert my restlessness in the grave into peace. O Allah ﷺ let me receive Your mercy by means of the Holy Quraan Shareef and make it my guide as well as a source of light, guidance and grace for me. O Allah ﷺ, revive my memory of whatever I have forgotten from the Holy Quraan, grant me understanding of whatever part of it I know not, enable me to recite it during hours of day and night and make it my main argumentative support (in all matters), O Nourisher of the worlds.

(Al-Mughni an mahal lil asfaar lil Iraaqi Vol. 1, Pg. 279 -It-haaf Vol. 4, Pg. 496)

	Jan	Feb	Mar	Apr	May	June	July	Aug	Sept	Oct	Nov		
Grade 1	LL 1. 1 st Kāfīmā	2. 2 nd Kāfīmā	3. 3 rd Kāfīmā	4. 4 th Kāfīmā	5. 5 th Kāfīmā	6. 6 th Muṣmāt	7. 7 th Muṭassāf	Revisiōn	8. Before meals	10. After meals	13. Before toilet	15. When thanking s.o.	
Adv.									86. At the time of anger	87. When a dog marks	88. When a monkey brays	16. Sneezing duas	
									89. When welcoming someone	90. When intending to do something		17. For increase in knowledge	
Grade 2	Revisiōn	18. Before wudū	19. After wudū	20. When leaving the mosque	21. When entering the mosque	22. When leaving the mosque	23. After drinking water	24. After drinking milk	25. When wearing clothes	26. When looking into the mirror	27. When entering the home	29. When bidding farewell	
Adv.											30. When it rains	32. When a loss occurs	
									91. Morning and evening duas	92. When going to bed (2)	93. Dua when eating with a person who has a disease	33. When in bodily pain	
Grade 3	Revisiōn	35. Thikbūr	36. Thikrān	37. Tawzī'ā	38. Tashbeeh in sajādah	39. Tashbeeh in rukū'	40. Thikrīm	41. Dū'ah in Qaumāt (1)	42. Tashbeeh in sajādah	43. Pūrā in jalsā	44. Dūrood-e-Ibraheem	45. Dū'ah after Dūrood-e-Ibraheem	46. Dū'ah after adhāan
Adv.									94. Dua when a Muslim laughs	95. When things are in order	96. When an evil thought comes to mind	97. Dua when dirtied with a calamity	
									98. Death of a human	99. Dua in qāma (2)	100. Dua when the sun rises	101. Dua when the sun sets	
Grade 4	Revisiōn	50. When getting into a vehicle	51. When the vehicle moves	52. Returning from a journey	53. When entering a town or city	54. Dū'ah-e-quonoo'	55. Dū'ah after witr	56. On seeing the new moon	Revisiōn	Revisiōn	57. Dū'ah for fasting	58. When breaking fast	
Adv.									102. When wearing new clothes	103. When eating elsewhere (2)	104. When beginning a journey	105. When eating elsewhere (2)	
									106. Dua after iftar	107. Dua after iftar	108. Dua for protection from calamities	109. Dua for protection from calamities	
Grade 5	Revisiōn of duas from grade 1-4	61. When in financial difficulty	62. When seeing s.o. in distress	63. Dua for fever	64. Visiting the sick	65. At the time of death	66. Dua in janāzah	67. Dua in janāzah salah (adult)	Revisiōn	Revisiōn	68. Dua in janāzah salah (boy)	69. Dua in janāzah salah (girl)	
Adv.									70. Entering the graveyard	71. Entering the qabāt	72. Entering the qibār with sāfi	73. Dua for parents	
									74. Dua for protection from harm and injury	75. Dua for protection on the day of Qiyāmāt	76. Dua for protection on the day of Qiyāmāt	77. Dua for relief from worries and debts	
Grade 6	Revisiōn of duas from grade 1-5	74. After the time of sunset	75. When seeing the moon	76. At the time of dranght	77. Excessive rain	78. Leaving a gathering	79. Entering a shopping centre	Revisiōn	Revisiōn	80. Ninety-nine names of Allah ﷺ	Revisiōn	110. Dua at the time of a thunderclap	
Adv.									111. Before sleeping (3)	110. Dua at the time of a thunderclap	112. When a fire breaks out	113. Dua for protection from something evil	
Grade 7	Revisiōn of duas from grade 1-6	81. When laying the qurbāni animal down for slaughtering	82. When slaughtering	83. Sayyidul Istighfaar	Revisiōn	84. Dua for Iskharah	85. Most comprehensive dua	Revisiōn	Revisiōn	114. After slaughtering the qurbāni animal	115. Dua on completing the Quran	116. Dua on completing the Quran	
Adv.													

Notes